

SOCIAL AND HEALTH SERVICES

list of services that are presently available

West Neighbourhood House has an outreach program to help connect Islanders to support services. Angela Xavier, a Case Manager from West Neighbourhood House, meets people in person once a month at the Shaw House by appointment. Angela can also arrange home visits. She can help you get access to the following services:

- Meals on Wheels
- Light Housekeeping
- Services of a Personal Support Worker (PSW)
- Help filing income tax
- Help applying for Ontario government assistance programs, (such as OW, ODSP, OAS)

You can reach Angela at: 416-991-4126 or by email angelaxa@westnh.org

Other on-Island supports:

Van to transport residents to and from the ferry- provided by St Andrew by the Lake Church (small charge for those who can pay).

Contact: Bella Beazer, Henry Farmery

Home Health Services:

1. A laboratory technician from Life Labs comes monthly to the home for islanders who need bloodwork monthly (\$45 charge)

2. ~~Foot clinic at The Shaw House by Dr. Chris Hastings, approximately every 6 months.~~

Unfortunately Dr Hasting is no longer coming to the island, a search for a new Doctor is underway.

Current contact: Bruce Weber

3. Prescriptions can be brought to you by Toronto Island Deliveries

(www.torontoislanddeliveries.com)

4. A community-created inventory of medical equipment and mobility devices can help you locate wheelchairs, crutches, canes, walkers, bath stools, raised toilet seats, bathroom supports, mobility scooters (sometimes), etc.

Contact: Bruce Weber or Stephen Cooper

Food delivery:

Toronto Island Deliveries can help you to place your food order and will get it to you.

You can place an order on line or by phone: 416-826-8995

Fitness:

A number of classes are held weekly at the AIA (yoga, stretch and strength).

Contact: AIA. website <https://www.torontoislandvenues.com/aia-calendar>

St Andrew-by-the-Lake Anglican Church

Chaplaincy services are available. Contact the priest, Rev. Alison Hari-Singh

(email: standrewminister@gmail.com; phone: 416-203-0873)

The Church's Social Services Fund can also help Islanders in need. Please contact Angela Xavier from West Neighbourhood House at 416-991-4126 for more information.

Trades people and repair services:

Most of the services that are available to islanders are listed in the island phone book.

To make this information more broadly available and to try and keep it up to date, we

are adding a page to TICA's website: tica-toronto.org, choose "Businesses that Serve the Island".